

## **Advantages of homeopathy**

Note: Even though most of the points outlined below apply to homeopathy in general, some of the points apply mainly to “constitutional” prescribing as opposed to “acute” prescribing.

1) ***The remedies are highly efficacious*** (as you can witness in the videos under the homeopathic testimonial section on this website). The patients often feel better before they even leave the office!

The efficacy of homeopathic remedies can be demonstrated on many levels: The amazingly fast speed with which it takes effect in the body, the depth and impressive level of cure it provides, the number of improvements it brings about, the various levels of our being that one remedy can touch (physical, mental and emotional), etc.

***It's important to mention that with children it's common to give a dose or two and cure their chronic complaints once and for all.*** For example, I once had a Nat mur boy with chief complaint of numerous fears. Two doses of his remedy given over a period of about two months cured him of any fear (The first dose helped by about 50%, and the second dose cured him.) His mother was truly amazed by the efficacy of his remedy. Another example, a Pulsatilla boy with numerous warts was cured of all (but one) of his warts with two doses of his remedy over a period of less than two months.

***Patients are almost always shocked to feel all the positive effects (on an emotional/mental and physical level) within minutes after taking their remedy.*** If not within minutes, they are very likely going to feel better in some profound way overnight, assuming they took the correct constitutional remedy. The maximum amount of time it has taken for my patients (to be noticeably “helped” by their chronic complaints or at least their chief complaint) after taking their constitutional remedy has been one week so far. Notice that I am not claiming “cure” within a week, just that the patient will be “noticeably helped.” Being helped by a condition that has haunted a patient for sometimes decades within even a week is impressive for most if not all patients.

2) ***Homeopathy is convenient for the patient, as far as dosing and expense:***

The patients don't have to take a supplement 2-3 times a day, day after day, week after week, or month after month. One dose of a homeopathic remedy can often help the patient more than all the other supplements. If you can do both (homeopathy and basic naturopathy), that would be wonderful. Give them herbal and nutritional supplements to nourish their organs/tissues and/or offer them Biotherapeutic Drainage medicines (UNDAs, etc.) to cleanse/drain their liver/kidneys and other organs, AND offer them their similimum (or constitutional) homeopathic remedy at the same time.

The remedies are inexpensive. No one will turn down the remedies due to financial hardship. Patients are used to buying large grocery bags full of supplements, so once they find that their

homeopathic remedy is something they take once a month or so, and it costs only dollars per dose, they feel extremely liberated and happy.

**3) *Babies and children love to suck on those small, sugar pills! Additionally, ONE dose lasts for days to weeks, if not months, and often they need 1-2 doses to cure them of a chronic illness!***

A two-year-old autistic child might only need a remedy every month or two. This is very convenient as opposed to taking tinctures or herbal pills which children (especially autistic children who are typically very picky eaters) don't like at all. Most of the autistic children in my practice will not take regular supplements, but they have no trouble sucking on the sugar pills or drinking water with the remedy dissolved in it.

**4) *Patients fall in love with homeopathy once they get the hang of it-*** They come in asking for it because the pills help them feel so good emotionally. The patients do not necessarily fall in love with other non-homeopathic (but yet natural) therapies. They might merely like how they feel with the non-homeopathic therapies, but are not likely to love the effect of such therapies. They don't come in excited that they are going to get a bottle of some vitamin or herbal capsules, or worse yet, some alcohol based tincture. When patients truly love how they feel with their medicines, they will achieve a higher compliance level in general.

The emotional uplifting effect of the homeopathic remedies is sometimes so powerful and potentially life changing; those patients forget what their physical or emotional complaints were.

**5) *One homeopathic remedy helps a patient's acute and chronic illnesses at the same time.*** For example, you might prescribe a constitutional remedy to help with symptoms of the flu (an acute condition), and the person's poor disposition and mood (a chronic issue) will improve as well. I recently treated a six-year-old boy with the flu who had been suffering from a significant amount of fear at nights for quite some time. His constitutional remedy alleviated the flu symptoms within an hour, and his chronic night time fears were significantly reduced starting that same night. The first dose of his remedy partially wore off in a month, and redosing the remedy eradicated his fear altogether.

**6) *In management of chronic diseases, only energetic approaches to healing can bring a person out of the depth of disease and ultimately cure them.***

Refer to Dr. Herscu's Map of Hierarchy in my Visual Homeopathy book. My understanding of this illustration is that the more deeply ill constitutions are in the higher phases. In my opinion, patients in Phases III and IV cannot be truly helped even with the best herbal and other natural therapies. Only homeopathy can bring them out of these deeper ill states. To further understand this concept, you will have to delve into the ocean of miasms, and further study and practice homeopathy.

It has been my observation that the patients in phases III and IV are those who are mistreated by many doctors (MDs and NDs alike) unless the practitioner understands homeopathy or other very deep modalities such as energetic and spiritual healing techniques.

For example, the depression of Aurum (phase IV) or Stramonium (phase III) is much deeper than the depression of Nat mur and Ignatia (both in phase I). A person with depression who is in phase I may be helped by pharmaceutical anti-depressants or herbs (such as St. John's wort) and other natural therapies (such as 5-HTP) for depression. However, the depression in patients in phase III and IV is not one that will likely respond to anything other than high-level energetic approaches such as constitutional homeopathy and/or other energetic/spiritual approaches.

7) ***There are some conditions that are very difficult to cure with non-homeopathic medicines.***

One example is warts. One single dose of a constitutional remedy can cure numerous warts on the body within weeks. The conventional approach for treating warts is cauterization which is impractical in many cases. Perhaps the patient has too many warts or the patient is a child.

Other examples of conditions that are very difficult to treat using non-homeopathic medicines include autism and deep-seated depression (depression in phases III and IV, refer to the above section).

8) ***Homeopathy can result in such a large variety of improvements, on the physical as well as mental/emotional levels (in such a short amount of time).*** This leads to much higher compliance on the part of the patient because they have most likely never felt so many positive changes in such a short amount of time.

9) ***Homeopathy is planet friendly.*** A diluted, trace amount of a substance (from the earth, plants or animal tissue) can be sufficient for a countless number of patients! You do not need to endanger any herbs, as the population of people who like naturopathy/herbal medicine grows. If we use homeopathy more, we will not need to use as much herbs. Of course, we will always need to use herbs, but we can cut down on the amount of our consumption. Notice that Drainage therapies (UNDA numbers) are also homeopathic in nature, and thus are planet friendly.

10) ***There are situations where the patient cannot take herbal or nutritional medicines, and homeopathy can be of great help.*** For example, if a person is in a comma, the doctor can place a homeopathic pill in their mouth, or dissolve it in water and place a small amount of this solution on their body (perhaps in the naval). It will get into their body through the skin. Remember, homeopathy is energy medicine and the medicines can affect a person's energy field without going through their blood. Another example would be that of a post- chemotherapy patient with absolutely no appetite and extreme difficulty swallowing pills. In such a case, one homeopathic remedy can stimulate the patient's appetite and improve the desire for swallowing food and supplements.

11) When patients experience the deep healing power of homeopathy in their body, ***they realize there is much more to natural medicine than non-prescription, over-the-counter nutritional supplements.*** This is a healthy realization for the patient since there truly is much more to healing than taking a few nutritional supplements on your own.

12) ***Homeopathic remedies are the deepest acting medicines and can bring about cure.*** Herbal medicine and nutritional medicine are much more palliative, although homeopathy can also be

used in a palliative fashion. Constitutional homeopathy is not palliative. It is ultimately curative (especially if combined with other healing modalities- refer to 7 Steps to Healing article on this website- and if you learn how to handle chronic cases homeopathically).

**13) *Homeopathy is a wonderful alternative to those who are not responding to pharmaceutical drugs, herbs or nutritional supplements.***

For example, if a person with the chief complaint of depression is not responding to anti-depressant drugs or herbs (such as St. John's wort), or nutritional supplements (such as 5-HTP), you can very effectively treat them using homeopathy. In fact, homeopathy may be the only therapy they might respond to favorably.

**14) *Successful homeopaths have highly sought after practices.***

Numerous health care practitioners are currently prescribing supplements. Chiropractic doctors, nutritionists, alternative medical doctors, osteopathic doctors, nurse practitioners, physician's assistants, and even health food clerks are making supplement recommendations to patients. So what is the one modality you can offer to your patients that clerks at health food stores as well as most health care practitioners (including even most naturopathic doctors) do not offer? The answer is homeopathy. I have had numerous patients who were already seeing other naturopathic doctors who decided to come to our office instead once they heard about how amazing our patients felt with their constitutional homeopathic remedy.